



## Delta Friendship Link

101 North Avon Road  
(03) 389 0273  
[jo@deltatrust.org.nz](mailto:jo@deltatrust.org.nz)  
[www.deltatrust.org.nz](http://www.deltatrust.org.nz)

***Please note: To ensure great programmes for our members, we are having to increase our cost's per session to \$10.00 as from 1 June 2021. Our evening Disco and Movie Nights will also increase to \$12.00.***

***New members need to complete our Member Registration and Code of Conduct forms. This ensures that you are aware of our wanting to acknowledge the strengths and abilities of our members and also enables us to be fully aware of your support person's details in an emergency.***

Delta opens at **9.30 a.m.** and closes at **2.30 p.m.** for Friendship Link members.

- **Enabling Good Lives** funded members will be charged at a different rate. Please contact Jo if this applies to you or someone you support.
- **Discos and Movie/Fish 'n' Chip Night** will be held at Delta. Cost for the Disco is **\$12 for Friendship Link Members** and **\$6 for Support Staff if they wish to have Supper**. Cost for the Movie/Fish 'n' Chip Night is **\$12 for Friendship Link Members** and **\$12 for Support Staff if they wish to have fish and chips**.
- Please remember to **bring a cut lunch if you intend to stay all day**. The Delta Café is open every Wednesday for toasted sandwiches and salads from \$2.00.
- **"Our Day Out" must be booked in advance as numbers are limited for van outings**. Our Day Out is \$20.00 per member **PLUS cost of activity**. Members who attend with support and their own transport will only need to pay for cost of activity.
- **DFL Committee meetings** are held on the third Thursday of the month between 12.30pm & 1.00pm. Please consider joining our Committee as it is open to Members, Support workers, Family and Staff.
- **This year we are running a monthly course called 'Walk Talk'**. This will empower our Members to become confident and learn new personal safety skills.
- **Please check Programme** for the day's activities and dress appropriately.
- **If you are unwell** please stay home for that week to get yourself well again.

Best Wishes

Jo, Maree, Ruita and Vicky

## Friendship Link Programme - May 2021

**Prices: (inclusive of g.s.t)**

**Art & Craft \$7.00**

**Live Music & Afternoon Tea \$7.00**

**Line Dancing \$7.00**

**Walk Tall \$7.00**

**Scrapbooking \$7.00**

**All Day Out / All Day In \$14.00 + cost of Activity**

**Pamper \$7.00**

**Movies \$10.00 (Support Staff \$10.00)**

**Disco \$10.00 (Support Staff \$5.00)**

**Karaoke \$7.00**

**Indoor Bowls \$7.00**

**Art with Pam \$7.00**

<b>MAY 2021</b>						
<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>	<b>Sun</b>
					<b>1</b>	<b>2</b>
<b>3</b>	<p style="text-align: center;"><b>4</b></p> <p style="text-align: center;">Pamper 10.30 - 12.00</p> <p style="text-align: center;">Walk Tall 1.00 - 2.30</p>	<p style="text-align: center;"><b>5</b></p> <p style="text-align: center;">Scrapbooking 10.30 -12.00</p> <p style="text-align: center;">Indoor Bowls 1.00 – 2.30</p>	<p style="text-align: center;"><b>6</b></p> <p style="text-align: center;">Art with Pam 10.30 - 12.30</p> <p style="text-align: center;">Karaoke 1.00 – 2.30</p>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<p style="text-align: center;"><b>11</b></p> <p style="text-align: center;">Wool Art 10.30 - 12.00</p> <p style="text-align: center;">Live Music &amp; Afternoon Tea 1.00 - 2.30</p>	<p style="text-align: center;"><b>12</b></p> <p style="text-align: center;">Green Art 10.30 - 12.00</p> <p style="text-align: center;">Karaoke 1.00 – 2.30</p>	<p style="text-align: center;"><b>13</b></p> <p style="text-align: center;"><b>MOVIE</b> <b>FISH 'n' CHIP</b> <b>5.30 – 8.00</b></p> <p style="text-align: center;"><b>Pete's Dragon</b></p>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<p style="text-align: center;"><b>18</b></p> <p style="text-align: center;">Pamper 10.30 - 12.00</p> <p style="text-align: center;">Art with Pam 1.00 - 2.30</p>	<p style="text-align: center;"><b>19</b></p> <p style="text-align: center;">Scrapbooking 10.30 – 12.00</p> <p style="text-align: center;"><b>MOVIE</b> Mr Bean 1.00 – 2.30</p>	<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;">Wild, Wild, West Art 10.30 - 12.30</p> <p style="text-align: center;">Members Meeting 12.30 - 1.00</p> <p style="text-align: center;">Karaoke 1.00 – 2.30</p>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<p style="text-align: center;"><b>25</b></p> <p style="text-align: center;"><b>DAY OUT</b> <b>9.30 - 2.30</b> <b>Museum of Toys</b> <b>&amp; Collectibles</b> Extra Cost <b>\$10.00</b> Bring your lunch</p>	<p style="text-align: center;"><b>26</b></p> <p style="text-align: center;">Line Dancing 10.30 - 12.00</p> <p style="text-align: center;">Karaoke 1.00 – 2.30</p>	<p style="text-align: center;"><b>27</b></p> <p style="text-align: center;"><b>DISCO</b> <b>WILD, WILD,</b> <b>WEST</b> <b>6.30 - 8.30</b></p>	<b>28</b>	<b>29</b>	<b>30</b>