



## Delta Friendship Link

101 North Avon Road  
(03) 389 0273  
[jo@deltatrust.org.nz](mailto:jo@deltatrust.org.nz)  
[www.deltatrust.org.nz](http://www.deltatrust.org.nz)

**Please note:** Please remember that as from 1 June 2021 prices have increased – Programmes are now \$10 per session and our Disco and Movie Nights are \$12.00.

***New members need to complete our Member Registration and Code of Conduct forms. This ensures that you are aware of our wanting to acknowledge the strengths and abilities of our members and also enables us to be fully aware of your support person's details in an emergency.***

Delta opens at **9.30 a.m.** and closes at **2.30 p.m.** for Friendship Link members.

- **Enabling Good Lives** funded members will continue to be charged \$30.00 +gst per session as we do not receive MOH funding for these members. If you require a support person with you when you come for your sessions – this will drop to \$20.00 + gst.
- **"Our Day Out" must be booked one week in advance as van numbers limited.** Our Day Out is \$20.00 per member **PLUS cost of activity.**
- **Discos and Movie/Fish 'n' Chip Night** will be held at Delta. Cost for the Disco is **\$12 for Friendship Link Members** and **\$6 for Support Staff if they wish to have Supper.** Cost for the Movie/Fish 'n' Chip Night is **\$12 for Friendship Link Members** and **\$12 for Support Staff if they wish to have fish and chips.** **Please arrive by 6pm to make sure we have numbers for purchasing Fish 'n' Chips.**
- Please remember to **bring a cut lunch if you intend to stay all day.** The Delta Café is open every Wednesday for toasted sandwiches and salads from \$2.00.
- **DFL Committee Meetings** are held on the third Thursday of the month between 12.30pm & 1.00pm. Please consider joining our Committee as it is open to Members, Support workers, Family and Staff.
- **This year we are running a monthly course called 'Walk Talk'.** This will empower our Members to become confident and learn new personal safety skills.
- **Please check Programme** for the day's activities and dress appropriately.
- **If you are unwell** please stay home for that week to get yourself well again.

Best Wishes

Jo, Maree, Ruita and Vicky

## Friendship Link Programme - August 2021

**Prices: (inclusive of g.s.t)**

**Art & Craft \$10.00**

**Live Music & Afternoon Tea \$10.00**

**Line Dancing \$10.00**

**Walk Tall \$10.00**

**Scrapbooking \$10.00**

**All Day Out / All Day In \$20.00 + cost of Activity**

**Pamper \$10.00**

**Movies \$12.00 (Support Staff \$12.00)**

**Disco \$12.00 (Support Staff \$6.00)**

**Karaoke \$10.00**

**Indoor Bowls \$10.00**

**Art with Pam \$10.00**

### AUGUST 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
2	3 Pamper 10.30 - 12.00  Walk Tall 1.00 - 2.30	4 Games & Puzzles 10.30 -12.00  Art with Cheryl 1.00 – 2.30	5 Art with Pam 10.30 - 12.00  Karaoke 1.00 – 2.30	6	7	8
9	10 Scrapbooking 10.30 - 12.00  Live Music & Afternoon Tea 1.00 - 2.30	11 Art & Crafts 10.30 -12.00  Karaoke 1.00 – 2.30	12 <b>MOVIE FISH 'n' CHIP 5.30 – 8.00 LADY &amp; THE TRAMP</b>	13	14	15
16	17 Pamper 10.30 - 12.00  Karaoke 1.00 - 2.30	18 Scrapbooking 10.30 - 12.00  Wool Art 1.00 – 2.30	19 Disco Art 10.30 -12.00  Member's Meeting 12.30 – 1.00 Movie 1.00 – 2.30	20	21	22
23	24 Art with Pam 10.30 - 12.00  Indoor Bowls 1.00 - 2.30	25 Line Dancing 10.30 - 12.00  Karaoke 1.00 – 2.30	26 <b>DISCO MID WINTER XMAS PARTY 6.30 – 8.30</b>	27	28	29
30	31 <b>DAY OUT 9.30 - 2.30 Ten Pin Bowling EXTRA Cost \$14.00 Bring your lunch</b>					

## Friendship Link Programme - September 2021

**Prices: (inclusive of g.s.t)**

**Art & Craft \$10.00**

**Live Music & Afternoon Tea \$10.00**

**Line Dancing \$10.00**

**Walk Tall \$10.00**

**Scrapbooking \$10.00**

**All Day Out / All Day In \$20.00 + cost of Activity**

**Pamper \$10.00**

**Movies \$12.00 (Support Staff \$12.00)**

**Disco \$12.00 (Support Staff \$6.00)**

**Karaoke \$10.00**

**Indoor Bowls \$10.00**

**Art with Pam \$10.00**

<b>SEPTEMBER 2021</b>						
<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>	<b>Sun</b>
		<b>1</b>  <b>PJ DAY</b> <b>9.30 - 2.30</b> <b>Games &amp; Movie</b>	<b>2</b>  <b>DELTA CLOSED</b>  <b>VISION DAY</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>  Pamper 10.30 - 12.00  Walk Tall 1.00 - 2.30	<b>8</b>  Scrapbooking 10.30 -12.00  Indoor Bowls 1.00 – 2.30	<b>9</b>  Arts & Crafts 10.30 - 12.00  Karaoke 1.00 – 2.30	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>  Games & Puzzles 10.30 - 12.00  DJ Brent & Afternoon Tea 1.00 - 2.30	<b>15</b>  Art 10.30 - 12.00  Karaoke 1.00 – 2.30	<b>16</b>  <b>MOVIE FISH 'n' CHIP</b> <b>5.30 – 8.00</b>  <b>CRUELLA</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>  Pamper 10.30 - 12.00  Karaoke 1.00 - 2.30	<b>22</b>  Scrapbooking 10.30 - 12.00  Walking Group 1.00 – 2.30	<b>23</b>  Disco Art 10.30 -12.00  Member's Meeting 12.30 – 1.00 Indoor Bowls 1.00 – 2.30	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>  <b>DAY OUT Ferrymead Park</b> Extra Cost <b>\$12.00</b> <b>Must bring your Lunch</b> <b>9.30 - 2.30</b>	<b>29</b>  Line Dancing 10.30 - 12.00  Karaoke 1.00 – 2.30	<b>30</b>  <b>DISCO DISNEY</b>  <b>6.30 – 8.30</b>			