



Delta Friendship Link

101 North Avon Road

(03) 389 0273 – This is our direct line, if we miss your call please leave a voice message and we will get back to you as soon as possible. 😊

DFL@deltatrust.org.nz

Updated News

- Toasty Tuesday's-A Toasty From \$2.50 for 3 Toppings- Cheese, tomato, onion, ham, spaghetti and pineapple. **No Orders after 10:30am**
- A Town Boxing-Offsite activity learning self defense.
- Gym Fun-Throwing some balls around in crossway gym.
- Flourish Café-Meals available to purchase for lunch every Wednesday \$5 for a main, \$3 for dessert (optional)

Please note: *New members need to complete our Member Registration and Code of Conduct forms. This ensures that you are aware of our wanting to acknowledge the strengths and abilities of our members and also enables us to be fully aware of your support person's details in an emergency.*

Please also note we are not in a position where we are able to apply one to one support for persons who require this. Where this is necessary the member will need to bring a Support Person to work alongside them enabling them to be part of our organised activities.

During our Programmes we open at **9.30 a.m.** and close at **2.30 p.m.**

- **Enabling Good Lives and ACC** funded members will continue to be **charged \$50.00 per session.** If you require a support person with you when you come for your sessions – **this will drop to \$40.00.** This is due to not receiving MOH Funding for EGL and ACC members.
- **Members who are not with Enabling Good Lives and ACC** are **charged \$25.00 per session.**
- **We use Deltas Café area but at times we may be down in Crossways Gym area,** we will place the DFL sign outside on these days.
- Please remember to **bring a cut lunch if you intend to stay all day.**
- **Our Member's Meeting is run once a month.** Please consider joining our committee as it is open to Members, Support Person's, Family and Staff.
- **"Our Day Out" must be booked in advance as numbers are limited for van outings.** The cost is our daily price to stay all day **PLUS cost of activity.**
- **Please check Programme** for the day's activities and dress appropriately.
- **If you are unwell,** please stay home for that week to get yourself well again.

Best Wishes

Ruita & Daffy

Friendship Link Programme – March

2026

*Thursday 12th-Booking essential due to seat availability.

*Tuesday 17th-Offsite activity, Booking essential due to seat availability.

*Thursday 26th-Making Truffles to fundraise at the Richmond Gala.

Tue	Wed	Thu
3rd Pamper & Games  Bingo & Bowls	4th Diamond Art  Flourish Art	5th In House Pub Quiz  Karaoke
10th Mosaic's  Karaoke	11th Art  Jewelry Making	12th  -Volunteering For The Day, Booking Essential
17th Pamper & Games  A Town Boxing -Booking Essential	18th Diamond Art  My Story	19th Gym Fun  Karaoke
24th Painting  Live Music -Neville the Devil	25th Circability  Art	26th Fundraiser -Making Truffles  Jewelry Making
31st Pamper & Games   Easter Art		

*Because Delta is a community house and has many operations under the one roof, at times we may have to change areas. Just follow our Friendship Link Signs or ask us how to join our private Facebook Group where we always post updates as they happen 😊